

Going to Secondary School

How do you feel?

These could be useful to think about when you think about changing school.

Use two different coloured highlighters.

Use colour one to highlight the phrases you are not worried about.

Use colour two to highlight the phrases you are worried about.

If you don't have a printer, make a table and write each statement under the heading 'Not worried about' and 'Worried about'.

Making new friends	Managing a timetable
Dinner time	Managing a money less system to pay for food.
Having a different uniform	Being on time
Finding way around	Break times
Getting to school	Learning new subjects
Meeting others my own age	Joining clubs
Being with friends	School rules
Homework	Meeting my new tutor
Meeting my new teachers	Being able to do the work
Being with older pupils	Getting changed for sport / PE

Transition Activity 1

Now let's look at your school's uniform and dress code. You don't have to fill in the table, but I really want you to start considering how to find things out instead of being handed the answer. Sometimes it is not necessary to know the answer straight away; it always helps to know where to find the answer.

Questions about School uniform and equipment	Best way to find out	Answer
What will I have to wear to school?		
Where can I buy my uniform?		
What PE/Sports kit do I need?		
What stationary must I bring?		
What kind of bag must I bring?		
Is there any other clothing/equipment I will need?		